

Creating Your Inner Wisdom Beads

By Keyon

What are they?

- A path to your Inner Wisdom
- Your truth
- Your own guidance
- A crutch

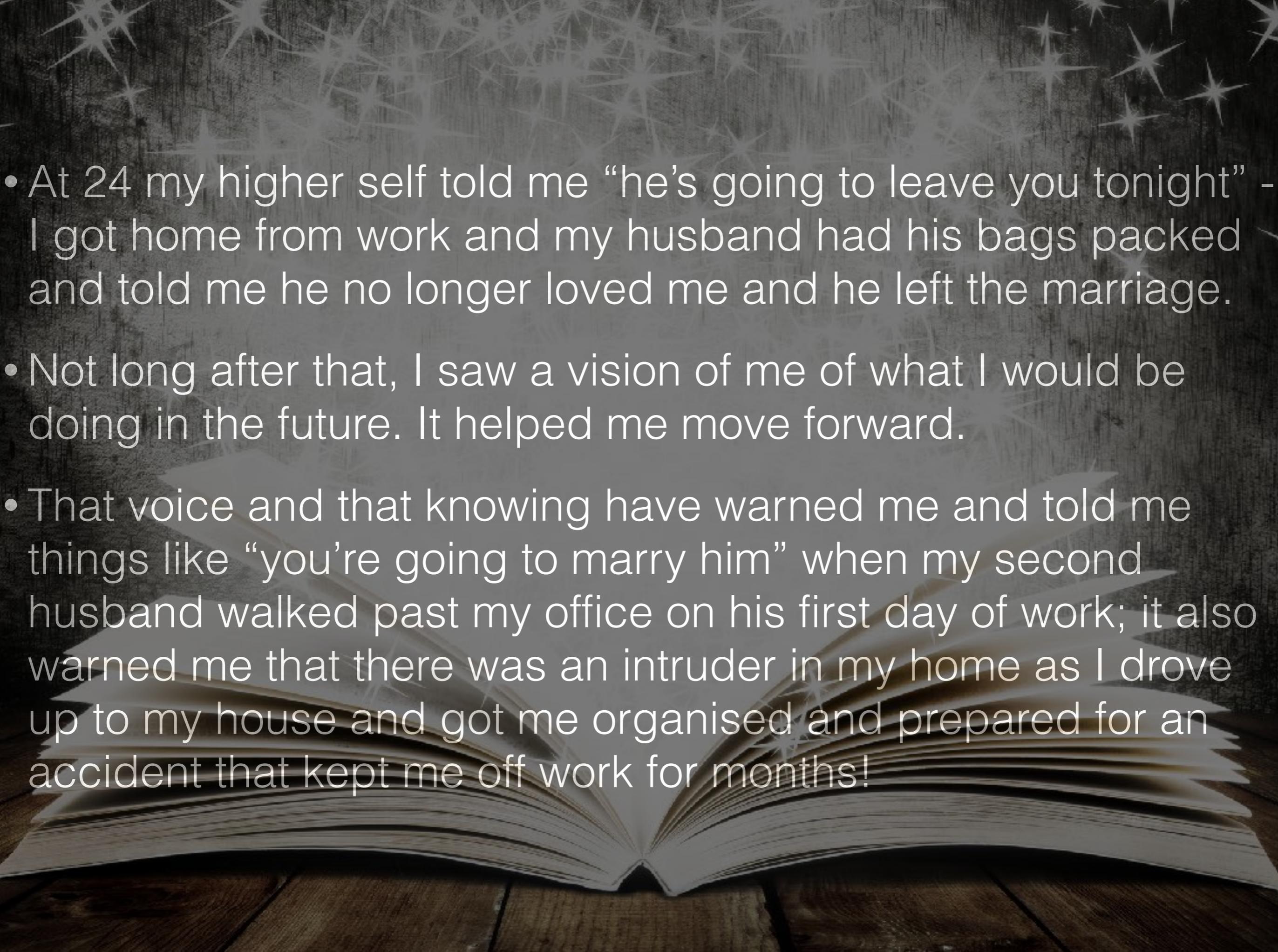


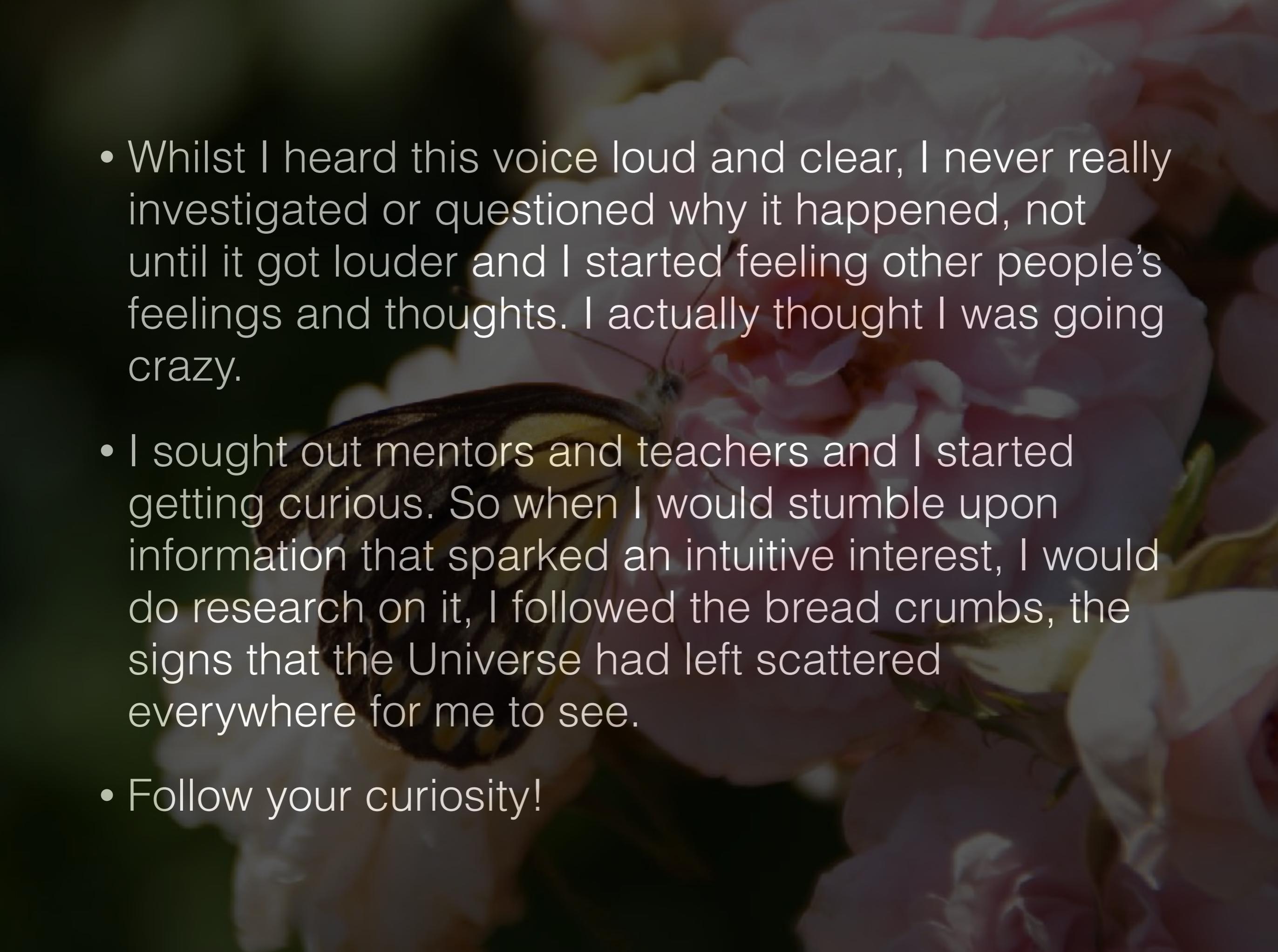
What are they good for?

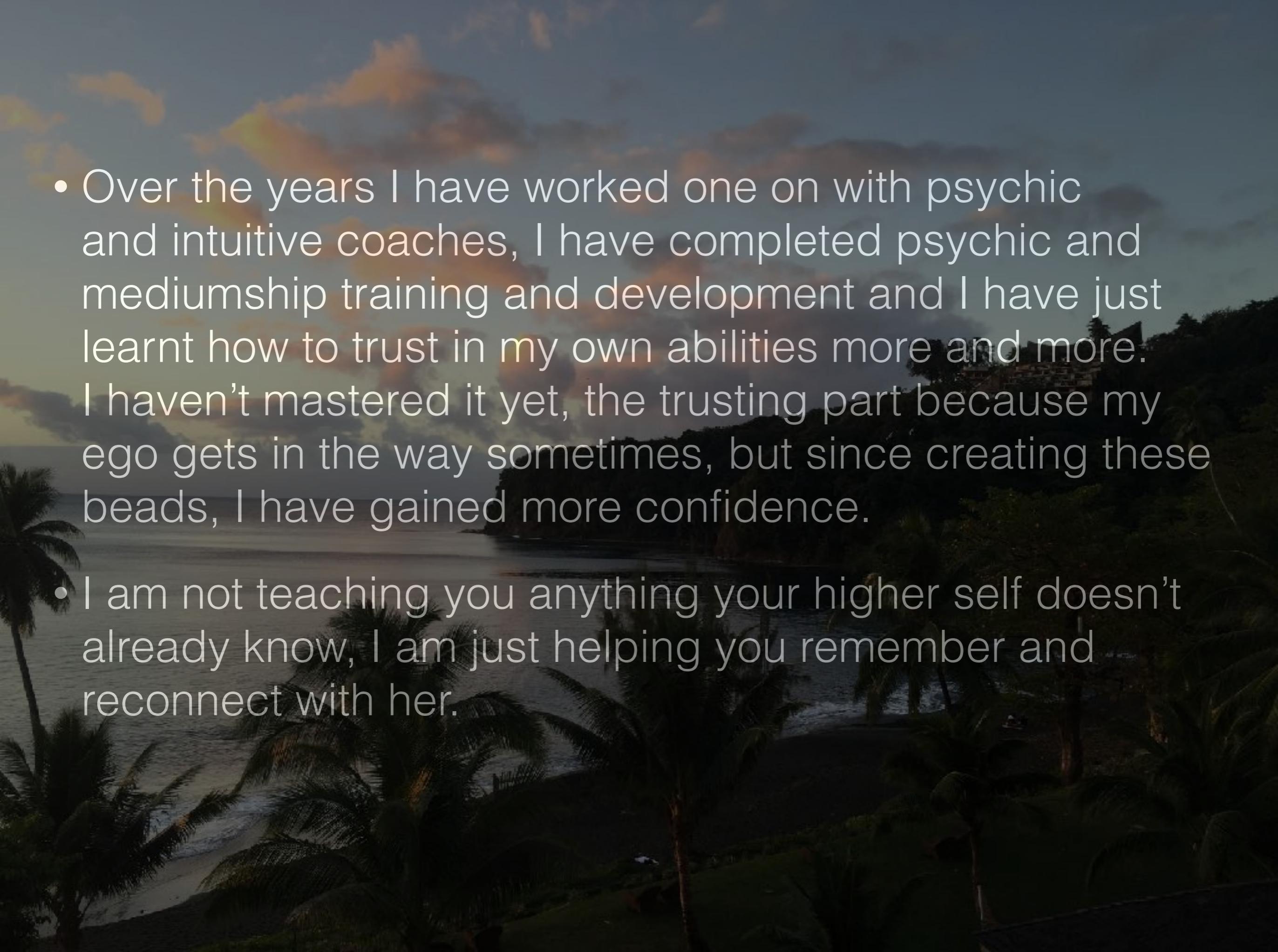
- To help build up confidence in your intuition
- To help build up confidence in yourself
- To help listen to your own inner wisdom
- To help tap into YOUR own power
- To help tap into the real YOU
- To help when you do readings for others

Who am I to teach this?

- My psychic abilities have been around since as far back as I can remember. But as most kids do, I blocked mine, I distinctly remember being petrified as a kid of “spirits”, “spirit animals” and everything and anything to do with the spirit world.
- I also just had this knowing about people and whether they were telling the truth or not.
- At 15 I heard my higher self tell me “don’t go” - but I went anyway! I shouldn’t have.

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- An open book with a starry night sky background. The book is open, showing its pages, and is resting on a wooden surface. The background is a dark, textured surface with numerous white, star-like sparkles scattered across it.
- At 24 my higher self told me “he’s going to leave you tonight” - I got home from work and my husband had his bags packed and told me he no longer loved me and he left the marriage.
 - Not long after that, I saw a vision of me of what I would be doing in the future. It helped me move forward.
 - That voice and that knowing have warned me and told me things like “you’re going to marry him” when my second husband walked past my office on his first day of work; it also warned me that there was an intruder in my home as I drove up to my house and got me organised and prepared for an accident that kept me off work for months!

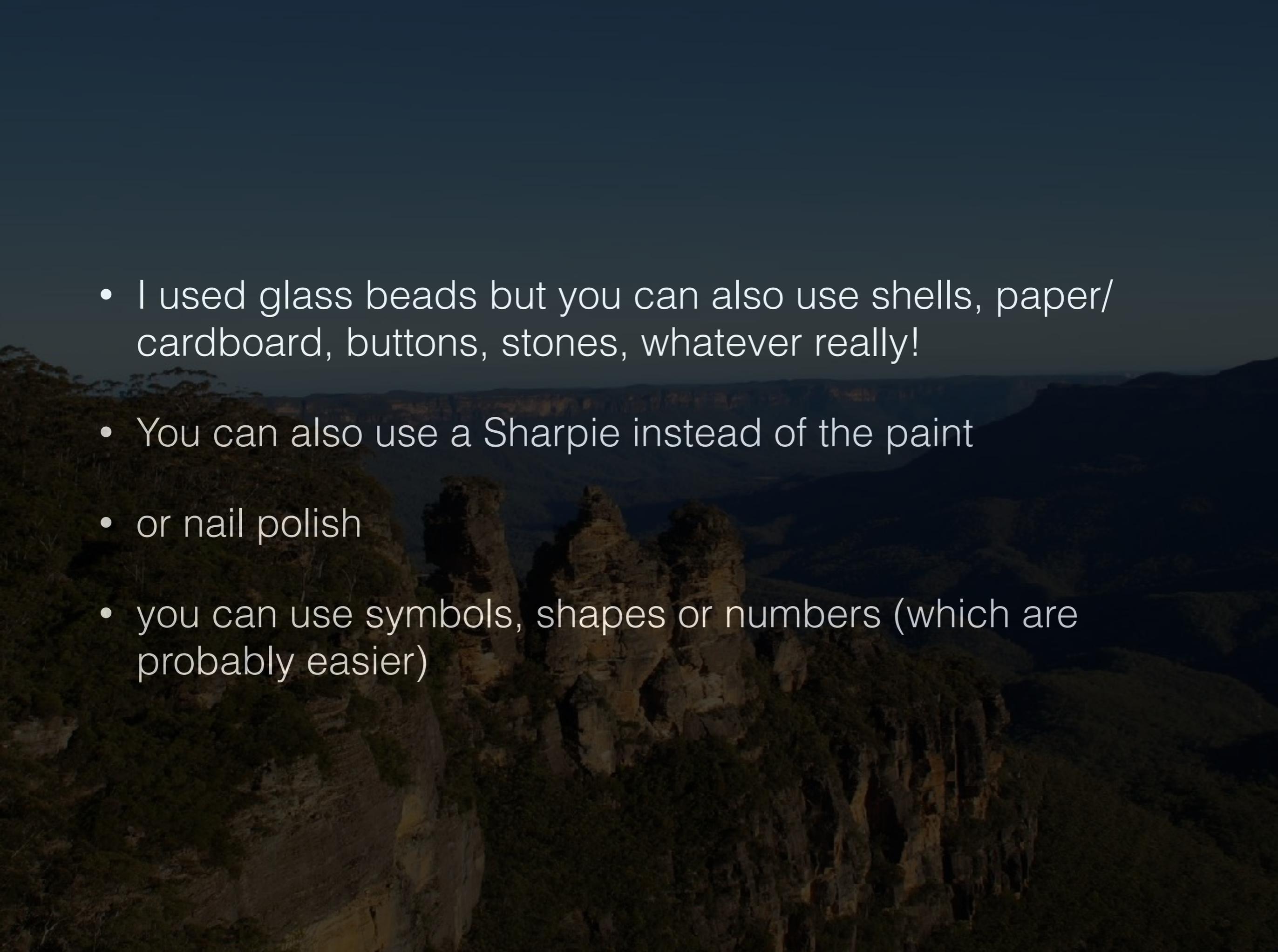
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- A butterfly with brown and yellow wings is perched on a large, light pink flower. The background is a soft-focus field of similar flowers.
- Whilst I heard this voice loud and clear, I never really investigated or questioned why it happened, not until it got louder and I started feeling other people's feelings and thoughts. I actually thought I was going crazy.
 - I sought out mentors and teachers and I started getting curious. So when I would stumble upon information that sparked an intuitive interest, I would do research on it, I followed the bread crumbs, the signs that the Universe had left scattered everywhere for me to see.
 - Follow your curiosity!

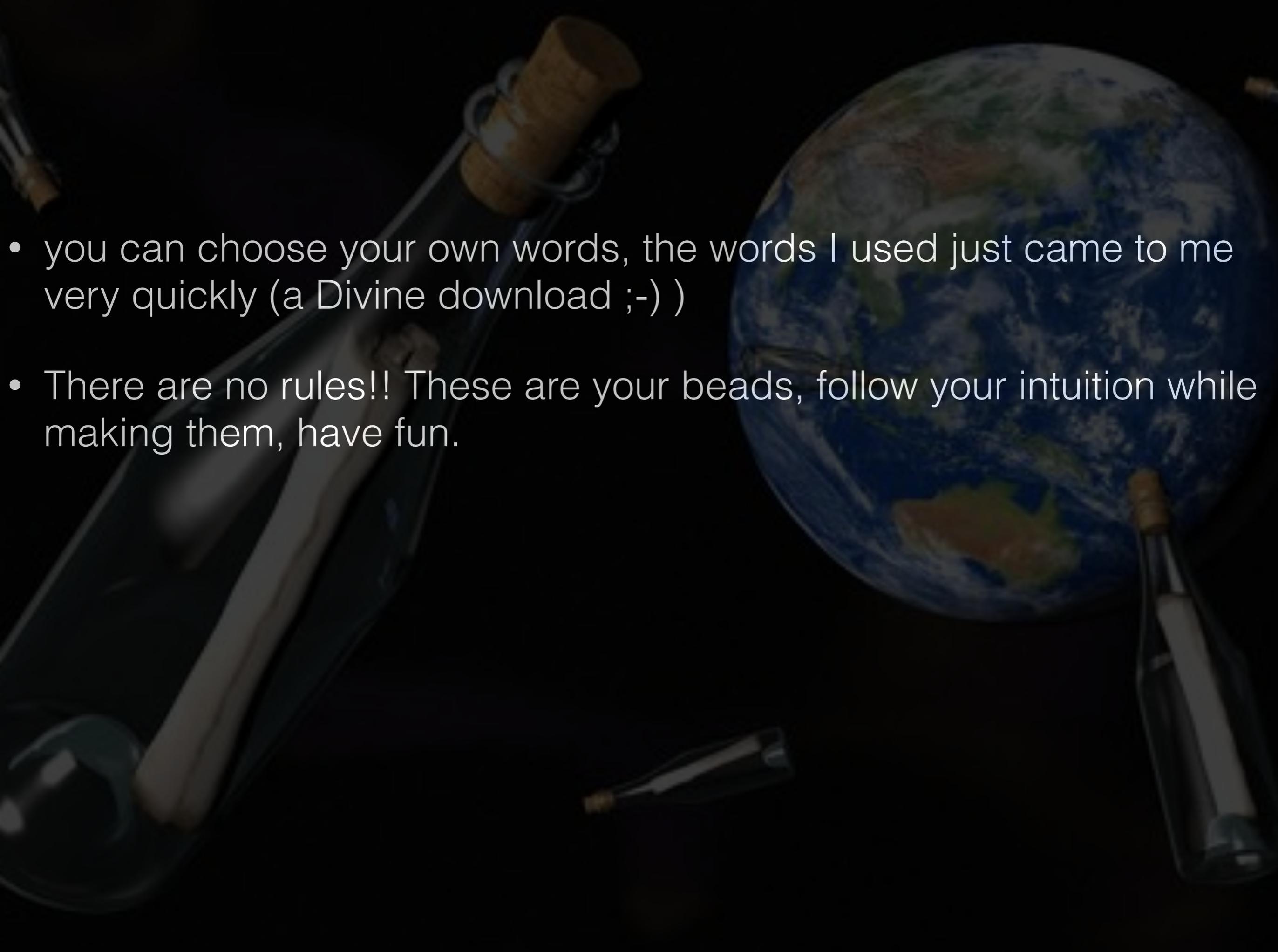
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- Over the years I have worked one on with psychic and intuitive coaches, I have completed psychic and mediumship training and development and I have just learnt how to trust in my own abilities more and more. I haven't mastered it yet, the trusting part because my ego gets in the way sometimes, but since creating these beads, I have gained more confidence.
 - I am not teaching you anything your higher self doesn't already know, I am just helping you remember and reconnect with her.

A dramatic landscape photograph featuring a sunset or sunrise over a mountain range. The sky is filled with dark, textured clouds, with a warm glow of orange and yellow light breaking through near the horizon. In the foreground, the dark silhouettes of evergreen trees are visible against the lower part of the sky. The overall mood is serene and majestic.

What you need to make
a set of your own.



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- I used glass beads but you can also use shells, paper/ cardboard, buttons, stones, whatever really!
 - You can also use a Sharpie instead of the paint
 - or nail polish
 - you can use symbols, shapes or numbers (which are probably easier)

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- you can choose your own words, the words I used just came to me very quickly (a Divine download ;-)
 - There are no rules!! These are your beads, follow your intuition while making them, have fun.



• Each bead has a number and word that correspond - what message does the word invoke, what is the first thing that comes to mind when you see the word, that's part of your message!

• Truth

• Fun

• Change

• Rest

• Gratitude

• Forgiveness

• Action

• Believe/Belief

• Trust

• Surrender

• Patience/Timing

• Simplicity/Simple

• Intuition

• Love

• Balance



Put the beads in a bag.

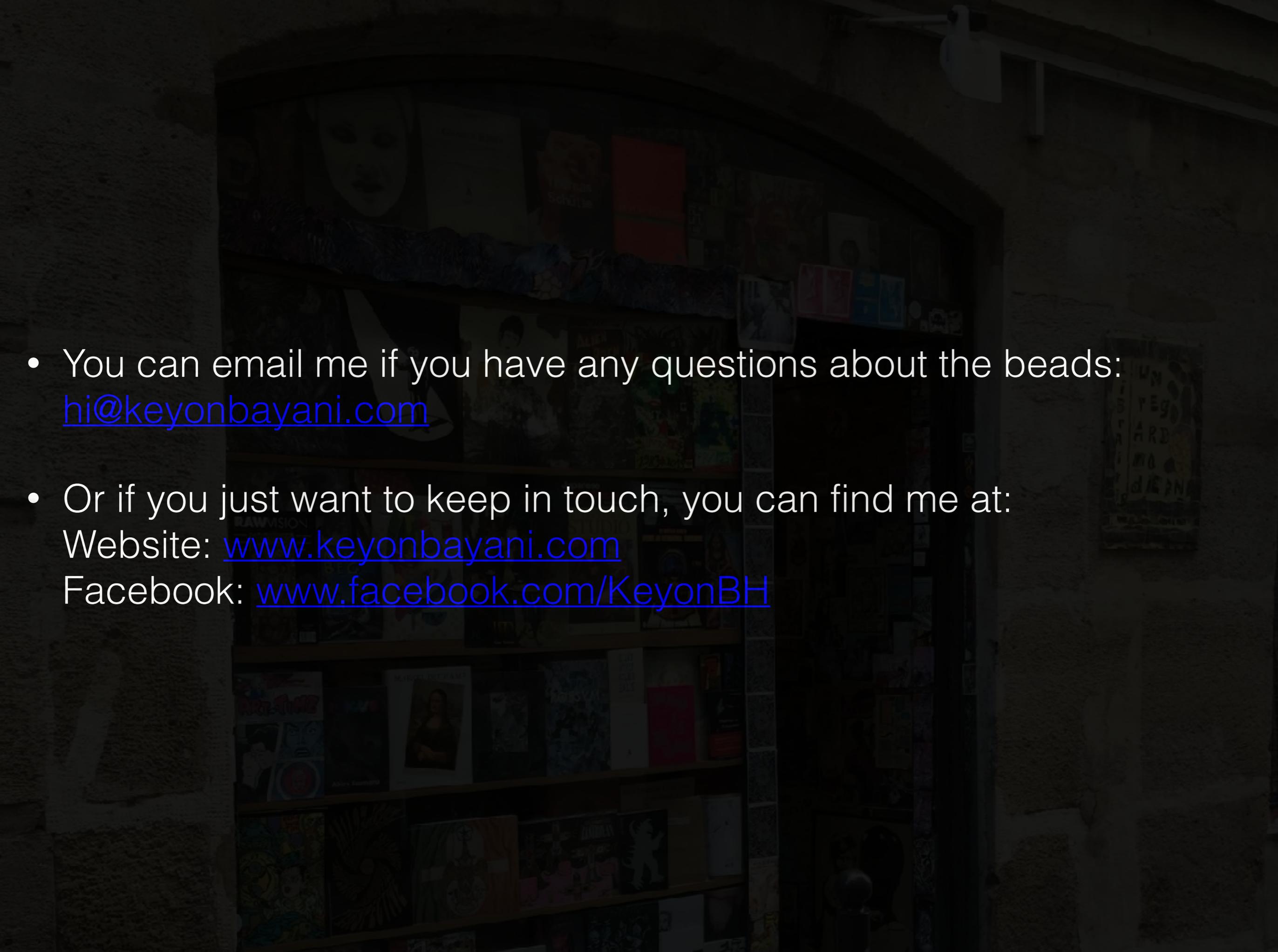
Or box, or paper bag, or sock...think outside the square!
;-)

Then let the fun really begin!

- When you want to do a reading for yourself or someone else, shake the bag up, say a little prayer, send the beads some love, and then choose however many beads you want in order to get clarity.
- Again there are no rules.
- As a general guide, have a look at the bead and the corresponding word and then whatever comes to you immediately & intuitively after pulling the bead out is also part of your message. Don't second guess yourself!
- These are really just a crutch, you can do this without the beads!

Thank you, and please remember to have fun with these!

- You are your best advisor, your higher self already knows all of the answers.
- Always look within first and the answer will always come, it's usually the most obvious, and most likely the one that you already know and don't want to face! xx

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- You can email me if you have any questions about the beads:
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 - Or if you just want to keep in touch, you can find me at:
Website: www.keyonbayani.com
Facebook: www.facebook.com/KeyonBH